



College Academic Probation Contract

Term on academic probation: Fall Spr _____ Year
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Today's date _____

Name _____

ID No. _____

E-mail _____@umn.edu

Current Phone _____

Major Department _____

Upper division student yes no

Current cumulative GPA _____

Previous semester GPA _____

Returning from suspension

CURRENT COURSES

RECOMMENDATIONS FOR ACADEMIC SUCCESS

REQUIREMENTS

1. Receive no grade below C-, and
2. Earn at least a 2.0 term GPA, and
3. Additional requirements that have been added by your College Academic Advisor, Department Advisor or DUGS (see Department Academic Probation Contract).

Failure to meet any of these requirements will result in your academic suspension from the University of Minnesota. At that time, you will be dropped from any courses you have enrolled in for future terms and will not be eligible to register at the University of Minnesota for a minimum of one year. After one year, an appeal is required to have your status reconsidered.

 Academic Advisor's Signature Date

 Student's Signature Date

1. What areas have made academic success difficult for you? Indicate all that are appropriate.

- | | | |
|--|---|---|
| <input type="checkbox"/> wrong major | <input type="checkbox"/> adjusting to college | <input type="checkbox"/> missed/skipped classes |
| <input type="checkbox"/> course load too heavy | <input type="checkbox"/> poor study skills | <input type="checkbox"/> unsure about how to study |
| <input type="checkbox"/> not prepared for college | <input type="checkbox"/> poor time management | <input type="checkbox"/> group project problem(s) |
| <input type="checkbox"/> health issues | <input type="checkbox"/> conflict with professor | <input type="checkbox"/> off-campus distractions |
| <input type="checkbox"/> financial difficulty | <input type="checkbox"/> unaware of support services | <input type="checkbox"/> prefer job to school |
| <input type="checkbox"/> work at job too much
how many hours per
week do you work? _____ | <input type="checkbox"/> poor advising | <input type="checkbox"/> undecided about future |
| <input type="checkbox"/> too many other commitments | <input type="checkbox"/> lack of good tutors | <input type="checkbox"/> negative emotions (stress,
boredom) |
| <input type="checkbox"/> family obligations | <input type="checkbox"/> few people with backgrounds or
interests similar to yours | <input type="checkbox"/> low energy |
| <input type="checkbox"/> relationship issues | <input type="checkbox"/> good intentions but poor follow-
through | <input type="checkbox"/> driven by external expectations
rather than internal motivation |
| <input type="checkbox"/> alcohol and/or drug issues | <input type="checkbox"/> low motivation | <input type="checkbox"/> legal issues |
| <input type="checkbox"/> social distractions | <input type="checkbox"/> concentration easily broken | <input type="checkbox"/> learning is rarely fun |
| <input type="checkbox"/> anxiety | <input type="checkbox"/> worries about failure | <input type="checkbox"/> too much time on the computer |
| <input type="checkbox"/> too much time doing outside
activities | <input type="checkbox"/> troubles keeping up with
homework | <input type="checkbox"/> poor performance on tests |
| <input type="checkbox"/> loneliness | <input type="checkbox"/> unprepared for classes | |
| <input type="checkbox"/> other (please list) | | |
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2. In what areas below do you think you need assistance? Indicate all that are appropriate.

- | | |
|---|---|
| <input type="checkbox"/> study skills | <input type="checkbox"/> math skills |
| <input type="checkbox"/> choosing a major | <input type="checkbox"/> time management |
| <input type="checkbox"/> dealing with personal issues | <input type="checkbox"/> lifestyle change |
| <input type="checkbox"/> stress management | <input type="checkbox"/> writing skills |
| <input type="checkbox"/> overcoming test anxiety | <input type="checkbox"/> test-taking skills |
| <input type="checkbox"/> career exploration | <input type="checkbox"/> dealing with chemical dependency |
| <input type="checkbox"/> other (please list) _____ | |
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3. What plans do you have to improve your academic standing?
